



Year 1 PSHE Knowledge Organiser Autumn 1 - Family and relationships



Key Vocabulary

Family	Two or more people connected by strong emotional bonds.
Friend	Friends are people you can have fun with and like you for who you are.
Emotions	A persons inner feelings.
Stereotypes	Believing someone will react or behave in a particular way.



Key Knowledge

- Understand that families look after us
- Understand that families can include different people
- Begin to understand the importance and characteristics of positive friendships
- Explain what I like about my friends
- Recognise how others show feelings and how to respond
- Recognise when other people might feel sad, worried or angry
- Begin to understand how friendships can make us feel
- Understand the feelings we may have about working with different people
- Understand that friends can sometimes fall out
- Explain ways I can overcome problems with my friends
- Understand the difference between a friend and friendly behaviour
- Explain what friendly behaviour is
- Explain how being unfriendly can affect other people
- Understand that stereotypes about boys and girls exist
- Explain why these are often incorrect
- Challenge stereotypes