

Class 6

Theme: **Garden to Table**

Personal Growth Curriculum: **Sustainability**



Life skills I will be covering:

Persistence

Well-being

Health

Resilience

Vocabulary	
Sustainability	The ability to be maintained at a certain rate or level
Harvest	The process or period of gathering in crops
Produce	Natural products
Seasonal	Relating to a particular season of the year
Preparation	The action of preparing for use
Processes	A series of actions or steps taken in order to achieve a particular end.
Crops	A cultivating plant that is grown on a large scale commercially
Edible	Fit or suitable to be eaten.
Cultivating	Prepare and use (land) for crops of gardening
Climate	The weather conditions prevailing in an area in general or over a long period
Microbes	A microorganism, especially a bacterium causing disease or fermentation

Key Knowledge	
Know that food goes through basic processes before it reaches us	Understand how to follow recipes, measure and weigh items accurately
Understand which foods grow where and which are best for different times of year	Know that food can spoil and decay due to the action of microbes
Understand how we process food to make it edible and safe	Understand the importance of instructions on food packaging including dates and storage

Engaging and practical experiences
Preparing the land ready for planting
Planting vegetables and herbs in the garden
Development of our own recipes
Growing of own produce to create our own soup