

Year 3 PSHE Knowledge Organiser Summer 1 - Safety



Key Vocabulary	
Allergic	Is the human body's negative reaction to certain plants, animals, foods, insect bites, or other things.
Anaphylaxis	Is a severe life- threatening allergic reaction.
Bullying	Is a behaviour that hurts someone else.
Cyberbullying	Is bullying done online.
Decision	To make up your mind about something.

Key Knowledge

- In an emergency it is always important to make sure you keep yourself safe by looking out for hazards before helping others.
- Sometimes you will need to Call the emergency services and explain what has happened.
- A serious allergic reaction to a bite or sting can be life threatening.
- It is important to seek medical help if there signs of a sever reaction.
- When we send emails, the person reading the emails Cannot see the sender's body language.
- Sometimes people send emojis to show what they are feeling.
- When bullying happens online it is called cyberbullying.
- It is important to tell a adult you can trust is someone is being unkind online.
- Sometimes choices are made for us for example what to wear to school, what time to get up etc.
- Sometimes we get to make our own choices and they might be different choices to other people.
- Sometimes other people can influence our decisions.
- We can think about lots of things when making a choice or decision for example, cost of something.